



Please complete the following form as thoroughly as possible.

The information in this confidential case history form is critical to the evaluation of your vision and health.

Patient Name: _____ Date: _____

Patient Medical History

Current Medications (Rx or Over-the-Counter) (List name of medications: eye drops, vitamins, birth control pills, dosages, and frequency.)

Allergies to Medications or Latex? Yes No If so, what medications? _____

Are you currently pregnant or nursing? Yes No

Have you ever been diagnosed or treated for any of the following health problems? (please circle)

Constitution

Fatigue
Fevers
Unusual weight loss/gain
Cancer

Ear/Nose/Throat

Hearing loss
Sinusitis
Throat infections

Neurological

Migraines
Multiple sclerosis
Epilepsy
Cerebral palsy
Tumor
Autism spectrum disorder

Psychiatric

Depression
Attention deficit
Anxiety disorder
Bipolar disorder

Cardiovascular

High blood pressure
High cholesterol
Stroke/CVA
Heart disease
Vascular disease
Congestive heart failure

Respiratory

Asthma
Bronchitis
Emphysema

Gastrointestinal

Crohn's Disease
Colitis
Celiac Disease

Hematologic/Lymphatic

Anemia
Ulcer

Allergy/Immune

Environmental allergies
Rheumatoid arthritis
Lupus
Sjogren's syndrome

Muscular/Skeletal

Osteoarthritis
Fibromyalgia
Muscular dystrophy
Ankylosing spondylitis

Integumentary

Eczema
Rosacea
Psoriasis
Herpes simplex
Herpes zoster

Endocrine

Diabetes, type I
Diabetes, type II
Thyroid

Genitourinary

Kidney disease
Prostate disease
STD- herpes/chlamydia



Please complete the following form as thoroughly as possible.

The information in this confidential case history form is critical to the evaluation of your vision and health.

Patient Name: _____ Date: _____

Patient Eye History

Date of Last Eye Exam: _____

By Whom? _____

Have you had any eye-related surgeries of any kind?

Yes No Explain: _____

Have you ever experienced, been diagnosed or treated for any of the following? (Please circle)

- | | |
|----------------------------|-------------------------|
| Blurry Vision | Burning |
| Cataracts | Corneal Abrasions |
| Crossed eye/Eye turn | Double Vision |
| Eye infections | Eye injury |
| Flash of light | Floater/Spots |
| Glaucoma | Grittiness |
| Headaches | Iritis/Uveitis |
| Itchiness | Lazy Eye |
| Macular Degeneration | Occasional dryness |
| Retinal Detachment | Sunlight sensitivity |
| Tearing | Trouble seeing at night |
| Uncomfortable glasses | |
| Other eye disorders: _____ | |

Do you use...
Cigarettes or tobacco? Yes No
Alcohol? Yes No
Other substances? Yes No

Hobbies: _____

Family Medical/Eye History

Do you have a family medical history of any of the following? (Please indicate which family member and if applicable maternal/paternal side in the space given)

- | | Relationship |
|---|--------------|
| <input type="checkbox"/> Cataracts | _____ |
| <input type="checkbox"/> Macular Degeneration | _____ |
| <input type="checkbox"/> Glaucoma | _____ |
| <input type="checkbox"/> Retinal Problems | _____ |
| <input type="checkbox"/> Diabetes (Type 1 or 2) | _____ |
| <input type="checkbox"/> High Blood Pressure | _____ |
| <input type="checkbox"/> Thyroid (High or Low) | _____ |
| <input type="checkbox"/> Cancer | _____ |
| <input type="checkbox"/> Other Significant Issues | _____ |

Lifestyle Questions

Do you... (check all that apply)

- ...Use digital devices on a regular basis? If yes, how many hours per day? _____ hrs/day
- ...think you might benefit from thinner, lighter lenses?
- ...prefer NOT to wear glasses at times?
- ...spend time outdoors? How often? _____ hrs/wk
- ...participate in vision-related sports or other activities? If yes, please specify: _____